



# KPR's 2023 Parent Conference!

Join us  
virtually!

Saturday, October 21, 9:30am – 11:30am



## What Is My Child's Behaviour Telling Me?

*Featuring keynote speaker Dr. Jean Clinton*

Kids, pre-teens, and teens all use behaviour to communicate. Learn what your child's behaviour is telling you and discover strategies to support their success.

Through the context of building resilience and healthy relationships, expert Dr. Jean Clinton, a Child Psychiatrist and Clinical Professor at McMaster University, will present on how the brain manages and responds to stress, and how it affects behaviour. Parents and caregivers can expect to learn about:

- Self-regulation strategies to support routines at school and home
- How to overcome and manage challenging behaviours
- Tips for supporting healthy, positive, social behaviours

Learn more and register at [kprschoools.ca](https://www.kprschoools.ca).



*Made possible by  
KPR's Parent Involvement Committee.*

[www.kprschoools.ca](https://www.kprschoools.ca)